



Mattoon High School

OCTOBER 2017

2

Egg Cheese Bagel Biscuit & Gravy

Home: Pizza Chz Stx/ Sauce
Grill: Spicy Chicken Patty
Pizza: Buffalo Chicken
Deli: Ham Turkey Wrap

3

Egg & Cheese Muffin Glazed Donut

Home: Popcorn Chicken Bowl
Grill: 8 pc Chicken Nugget
Pizza: BBQ Chicken
Deli: Chicken Ranch Wrap

4

Egg & Cheese Bagel Maple Mini Waffles

Home: In/Out Penne
Grill: Bacon Cheese Burger
Pizza: Sausage
Deli: Turkey Cheese Deli

5

Eggs Sausage Hash Brown Breakfast Pizza

Home: Nacho Tater Bite
Grill: Cheese Burger
Pizza: Meat Lover
Deli: Chicken Salad Sandwich

6

No School

9

No School

10

Omelet & Hash Brown Lumberjack

Home: Spaghetti w/Meat Sauce
Grill: Hamburger
Pizza: Cheeseburger
Deli: Ham & Cheese Deli

11

Breakfast Pizza Egg Bagel

Home: Meatball Pizza Sub
Grill: Bacon Cheese Burger
Pizza: Sausage
Deli: Turkey & Cheese Deli

12

Chocolate Donut Egg & Cheese Muffin

Home: Turkey Manhattan
Grill: Spicy Chicken Patty
Pizza: Meat Lover
Deli: Chicken Salad Sandwich

13

French Toast Stx Breakfast Cookie

Home: BBQ Rib on Bun
Grill: 8 pc Chicken Nugget
Pizza: Mac & Cheese
Deli: Turkey Sandwich

FUEL SPECIAL: Steak N' Cheese Griller

16

Pancakes w/ Syrup Egg & Cheese Muffin

Home: Salisbury Steak w/Gravy
Grill: Spicy Chicken Patty
Pizza: Buffalo Chicken
Deli: Turkey & Cheese Wrap

17

Breakfast Pizza Egg Cheese Chic Wrap

Home: French Toast/ Sausage
Grill: Hamburger
Pizza: BBQ Chicken
Deli: Ham & Cheese Deli

18

Lumberjack Egg & Hash Brown

Home: Chili Mac
Grill: Bacon Cheese Burger
Pizza: Sausage
Deli: Chicken Ranch Wrap

19

French Toast Sticks Egg & Cheese Muffin

Home: Hamburger Horse Shoe
Grill: BBQ Rib
Pizza: Meat Lover
Deli: Chicken Salad Sandwich

20

No School

FUEL SPECIAL: Chicken N' Cheese Griller

23

French Toast Stick Egg & Cheese Muffin

Home: BBQ Pork on Bun
Grill: 8 pc Chicken Nuggets
Pizza: Buffalo Chicken
Deli: Ham & Cheese Deli

24

Lumberjack Biscuit & Gravy

Home: Rotini w/ Meat Sauce
Grill: Spicy Chicken Patty
Pizza: Cheeseburger
Deli: Chicken Ranch Fltbrd

25

Breakfast Cookie Omelet & Hash Brown

Home: Bacon & Chz Potato
Grill: Bacon Cheese Burger
Pizza: Sausage
Deli: Turkey & Cheese Deli

26

Glazed Donut Egg & Cheese Biscuit Melt

Home: Pancakes & Sausage
Grill: Spicy Chicken Patty
Pizza: Meat Lover
Deli: Chicken Ranch Wrap

27

Breakfast Pizza Cherry Frudel

Home: Gen Tso Chx / Rice
Grill: Hamburger
Pizza: Mac & Cheese
Deli: Ham & Cheese Sandwich

30

Egg Cheese Bagel Biscuit & Gravy

Home: Pizza Chz Stx/ Sauce
Grill: Spicy Chicken Patty
Pizza: Buffalo Chicken
Deli: Ham Turkey Wrap

31

Egg & Cheese Muffin Glazed Donut

Home: Popcorn Chicken Bowl
Grill: 8 pc Chicken Nugget
Pizza: BBQ Chicken
Deli: Chicken Ranch Wrap

Daily Breakfast Choices

Benefit Bar	Cereal Bar
Toast	Asst. Fruit
Cereal	100% Juice
Donut	Fruit Smoothie
Yogurt	Cheese Stick
	Muffin

More info...

Breakfast Price is \$1.45 Reduced \$.30
Lunch Price is \$2.40 Reduced \$.40
Don't forget to fill out the Free & Reduced Application!

LUNCH ITEMS AVAILABLE DAILY

Pizza Bar: Cheese Pizza & Pepperoni Pizza
Taco Bar: Tacos, Salad, Nachos
Grill Zone: Chicken Patty, Cheese Burger, 8 pc. Chicken Nuggets
Salad Bar