



Mattoon Elementary Breakfast Menu

OCTOBER 2017

2 MONDAY


Biscuit & Gravy
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Sweet Raisins
100% Apple Juice

3 TUESDAY

Glazed Donut
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Peaches
100% Fruit Juice Blend

4 Ace Breakfast Club

Chocolate Muffin
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Applesauce
100% Orange Juice



5 THURSDAY

Benefit Breakfast Bar
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Fresh Grapes
100% Fruit Blend Juice

6 FRIDAY

No School

9 MONDAY

NO SCHOOL

10 TUESDAY

Lumberjack
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Peaches
100% Fruit Juice Blend

11 Ace Breakfast Club

Breakfast Pizza
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Applesauce
100% Orange Juice

12 THURSDAY

Warm Glazed Donut
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Fresh Grapes
100% Fruit Blend Juice

13 FRIDAY

French Toast Sticks
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Mixed Fruit
100% Apple Juice

16 MONDAY

Egg & Hash Brown
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Sweet Raisins
100% Apple Juice

17 TUESDAY

Breakfast Pizza
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Peaches
100% Fruit Juice

18 Ace Breakfast Club

Biscuits & Gravy
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Applesauce
100% Orange Juice



19 THURSDAY

Pancakes w/ Syrup
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Fresh Grapes
100% Fruit Juice Blend

20 FRIDAY

No School

23 MONDAY

Breakfast Pizza
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Chilled Sliced Pears
100% Apple Juice

24 TUESDAY

Blueberry Mini Waffles
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Peaches
100% Fruit Juice

25 Ace Breakfast Club

Egg & Hash Brown
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Applesauce
100% Orange Juice

26 THURSDAY

Warm Glazed Donut
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Fresh Chilled Grapes
100% Fruit Juice

27 FRIDAY

Breakfast Corndog
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Mixed Fruit Cocktail
100% Apple Juice

30 MONDAY

Biscuit & Gravy
Cereal - Cereal Bar
Pop Tart
Yogurt / Cheese Stick
Cinnamon Toast
Sweet Raisins
100% Apple Juice

31 TUESDAY

Glazed Donut
Cereal - Cereal Bar
Pop Tart
Yogurt/ Cheese Stick
Cinnamon Toast
Peaches
100% Fruit Juice Blend

WEDNESDAY

THURSDAY

FRIDAY

Nutrition/ Menu information available on:
Mattoon.Schooldish.com or
Mattoon School Web Site

Ace Breakfast Club: Join us for breakfast AND lunch every Wednesday

How to Build a Breakfast

Daily Hot Entrée + 1 Fruit &/or Juice

Pick up to 2 Grains + 1 Fruit &/or Juice

Pick 1 Grain + 1 Other (Yogurt/ Cheese) + 1 Fruit &/or Juice



Served Daily

All Grain Items are Whole Grain
Fruit Variety & 100% Juice

Breakfast Price \$ 1.45

Reduced \$0.30

Questions/Comments: e-mail Pence-Jeffrey@Aramark.com

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