



Mattoon Elementary Lunch Menu

OCTOBER 2017

2 MONDAY

Ace Express
Salisbury Steak/ W
Gravy
 Chicken Nuggets
 PB & J Sandwich
 Green Beans
 Mashed Potatoes
 Sweet Raisins
 Fresh Apples

3 TUESDAY

Popcorn Chicken Bowl
Pizza Cheese Stick /
Sauce Chicken Nuggets
 PB & J Sandwich
 Fresh Baby Carrots
 Garden Salad
 Peaches
 100% Fruit Juice

4 **Ace Breakfast Club**

French Toast & Sausage
Ham & cheese Sandwich
 Chicken Nuggets
 PB & J Sandwich
 Celery Sticks
 Potato Wedges
 Banana
 Rosy Applesauce



5 THURSDAY

Nacho Tater Bites
Hot Dog on Bun
 Chicken Nuggets
 PB & J Sandwich
 Refried Beans
 Side Salad
 Fresh Grapes
 100% Fruit Juice Blend

6 FRIDAY

NO SCHOOL



9

NO SCHOOL

Ace Breakfast Club:
 Join us for breakfast
 AND lunch every
 Wednesday!

10

Meat & Cheese Nachos
Chicken Patty on Bun
 Chicken Nuggets
 PB & Jelly Sandwich
 Fresh Baby Carrots
 Broccoli
 Peaches
 100% Fruit Juice

11 **Ace Breakfast Club**

Pancakes & Sausage
Macaroni & Cheese
 Chicken Nuggets
 PB & Jelly Sandwich
 Cucumbers
 Potato Wedges
 Banana
 Rosy Applesauce

12

Soft Tacos
Cheeseburger on Bun
 Chicken Nuggets
 PB & Jelly Sandwich
 Refried Beans
 Side Salad
 Fresh Grapes
 100% Fruit Juice Blend

13

Ace Express
Cheese Pizza
 Chicken Nuggets
 PB & Jelly Sandwich
 Cooked Carrots
 Garden Salad
 Apricots
 Mixed Fruit

16 MONDAY

Ace Express
Soft Tacos
 Chicken Nuggets
 PB & Jelly Sandwich
 Fresh Cucumber Slices
 Green Beans
 Raisins
 Cinnamon Apples

17 TUESDAY

Turkey & Noodles
Cheese Burger on Bun
 Chicken Nuggets
 PB & Jelly Sandwich
 Cooked Carrots
 Seasoned Peas
 Peaches
 100% Fruit Juice Blend

18 **Ace Breakfast Club**

French Toast & Sausage
Popcorn Chicken Salad
 Chicken Nuggets
 PB & Jelly Sandwich
 Salad
 Potato Wedges
 Banana
 Rosy Applesauce



19 THURSDAY

Hot Dog on Bun
Nacho Salad
 Chicken Nuggets
 PB & Jelly Sandwich
 Baked Beans
 Fresh Baby Carrots
 Fresh Grapes
 100% Fruit Juice

20 FRIDAY

NO SCHOOL

23 MONDAY

Ace Express
Corn Dog
 Chicken Nuggets
 PB & Jelly Sandwich
 Sliced Pears
 Fresh Apple Slices
 Seasoned Green Beans
 Fresh Garden Salad

24 TUESDAY

Spaghetti w/ Meat
Sauce
Chicken Patty on Bun
 Chicken Nuggets
 PB & Jelly Sandwich
 Fresh Baby Carrots
 Broccoli
 Peaches
 100% Fruit Juice Blend

25 **Ace Breakfast Club**

Pancakes & Ham
Pork Roast w/ Gravy
 Chicken Nuggets
 PB & Jelly Sandwich
 Fresh Tomato
 Potato Wedges
 Banana
 Rosy Applesauce



26 THURSDAY

Cheese Burger
Ham Chef Salad
 Chicken Nuggets
 PB & Jelly Sandwich
 Kickin Pinto Beans
 Cucumbers
 Fresh Grapes
 100% Fruit Juice

27 FRIDAY

Ace Express
Cheese Pizza
 Chicken Nuggets
 PB & Jelly Sandwich
 Cooked Carrots
 Garden Fresh Salad
 Apricots
 Fruit Cocktail

30 MONDAY

Ace Express
Salisbury Steak/ W
Gravy
 Chicken Nuggets
 PB & Jelly Sandwich
 Green Beans
 Mashed Potatoes
 Sweet Raisins
 Fresh Apples

31 TUESDAY

Popcorn Chicken Bowl
Pizza Chz Sticks/ Sauce
 Chicken Nuggets
 PB & Jelly Sandwich
 Baby Carrots
 Garden Salad
 Peaches
 100% Fruit Juice
 COOKIE

MONDAY ACE EXPRESS BAG
 Yogurt
 Cheese Stick
 Goldfish crackers
 100% Apple Juice

FRIDAY ACE EXPRESS BAG
 Muffin
 Cheese Stick
 Animal Cracker
 100% Apple Juice

Served Daily

Chicken Nuggets
 PB & Jelly Sandwich

Lunch Price \$ 2.40

Reduced \$0.40

Menus are subject to change

Questions/Comment e-mail: Pence-Jeffrey@Aramark.com
 Nutrition/Menu Information available on Schooldish.com

