



Humboldt TLC School Lunch Menu

OCTOBER 2017

2 MONDAY

Pizza Cheese Sticks/ Sauce
Chicken Nuggets

Seasoned Peas
Tomatoes
Applesauce
100% Apple Juice

3 TUESDAY

Popcorn Chicken
Cheese Burger on Bun

Mashed Potatoes
Corn
Peaches
Apple

4 WEDNESDAY

In Out Cheesy Penne
Chicken Patty on Bun

Cooked Carrots
Celery Sticks
Diced Pears
Banana

5 THURSDAY

Soft Tacos
Ham & Cheese Sandwich

Refried Beans
Salad
Grapes
Orange

6 FRIDAY

No School

9 MONDAY

No School

10 TUESDAY

Spaghetti w/ Meat Sauce
Cheese Burger on Bun

Green Beans
Baby Carrots
Sliced Peaches
Apple

11 WEDNESDAY

Meatball Pizza Sub
Chicken Nuggets

Salad
Cucumbers
Pears
Banana

12 THURSDAY

Turkey & Gravy
Chicken Patty on Bun

Mashed Potatoes
Baked Beans
100% fruit Juice
Grapes

13 FRIDAY

Cheese Pizza
Chicken Nuggets

Cooked Carrots
Broccoli
Mixed Fruit
Apricots

16 MONDAY

Salisbury Steak
Chicken Nuggets

Mashed Potatoes
Salad
Applesauce
100% Apple Juice

17 TUESDAY

Cheeseburger on Bun
French Toast & Sausage

Baby Carrots
Peas
Peaches
Apple

18 WEDNESDAY

Ham & Cheese
Sandwich
Chicken Nuggets

Green Beans
Celery Sticks
Pears
Banana

19 THURSDAY

BBQ Rib on Bun
Soft Tacos

Kickin Pinto Beans
Carrots
Grapes
Apricots

20 FRIDAY

No School

23 MONDAY

Chicken Nuggets
Pulled Pork on Bun

Fresh Broccoli
Green Peas
Applesauce
100% Juice

24 TUESDAY

Rotini w/ Meat Sauce
Hamburger on Bun

Salad
Green Beans
Sliced Peaches
Apple

25 WEDNESDAY

Chicken Patty on Bun
Bacon Cheese Potato

Baby Carrots
Cucumber Slices
Banana
Diced Pears

26 THURSDAY

Corn Dog
Chicken Nuggets

Baked Beans
Celery Sticks
Fresh Grapes
Applesauce

27 FRIDAY

Cheese Pizza
Chicken Nuggets

Broccoli
Salad
Cinnamon Apples
Mixed Fruit

30 MONDAY

Pizza Cheese Sticks/ Sauce
Chicken Nuggets

Seasoned Peas
Tomatoes
Applesauce
100% Apple Juice

31 TUESDAY

Popcorn Chicken
Cheese Burger on Bun

Mashed Potatoes
Corn
Peaches
Apple

WEDNESDAY

THURSDAY

FRIDAY

Questions/Comments: e-mail Pence-Jeffrey@Aramark.com

Nutrition/Payment: Information available on: Mattoon.Schooldish.com

*Fresh Fruit Subject to Change do to availability.
Menus are subject to change*