



# OCTOBER 2017

## Mattoon Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p><b>Special News... More Info...</b></p> <p>A variety of Hot &amp; Cold Breakfast Items are available in the Cafeteria Every Day.</p> <p><b>Cereal Benefit Bar Donut Cereal Bar</b></p> <p><b>Breakfast \$1.45 Reduced \$.30</b></p> <p>Ask about our Free Cookie at Lunch on Tuesdays.</p> <p><small>Menus are subject to change without notice.</small></p>
<p><b>2</b> <b>Biscuits &amp; Gravy</b> Breakfast Cookie</p> <p>Chilled Sliced Pears 100% Apple Juice</p>	<p><b>3</b> <b>Egg &amp; Cheese Muffin</b> Fruit Smoothie</p> <p>Peaches 100% Fruit Punch Juice</p>	<p><b>4</b> <b>Cherry Frudel</b> Fruit Smoothie</p> <p>Banana 100% Orange Juice</p>	<p><b>5</b> <b>Breakfast Pizza</b> Fruit Smoothie</p> <p>Refreshing Grapes 100% Fruit Juice</p>	<p><b>6</b> NO SCHOOL</p>	
<p><b>9</b> NO SCHOOL</p>	<p><b>10</b> <b>Lumberjack</b> Fruit Smoothie</p> <p>Peaches 100% Fruit Punch Juice</p>	<p><b>11</b> <b>Cheesy Egg Bagel</b> Fruit Smoothie</p> <p>Banana 100% Orange Juice</p>	<p><b>12</b> <b>Breakfast Pizza</b> Fruit Smoothie</p> <p>Refreshing Grapes 100% Fruit Juice</p>	<p><b>13</b> <b>French Toast Sticks</b> Glazed Donut</p> <p>Chilled Mixed Fruit 100% Apple Juice</p>	
<p><b>16</b> <b>Egg &amp; Hash Brown</b> Benefit Bar</p> <p>Sweet Raisins 100% Apple Juice</p>	<p><b>17</b> <b>Breakfast Pizza</b> Fruit Smoothie</p> <p>Peaches 100% Fruit Punch Juice</p>	<p><b>18</b> <b>Biscuits &amp; Gravy</b> Fruit Smoothie</p> <p>Banana 100% Orange Juice</p>	<p><b>19</b> <b>French Toast Sticks</b> Fruit Smoothie</p> <p>Fresh Green Grapes 100% Fruit Punch Juice</p>	<p><b>20</b> NO SCHOOL</p>	
<p><b>23</b> <b>French Toast Stick</b> Benefit Bar</p> <p>Cinnamon Apples 100% Apple Juice</p>	<p><b>24</b> <b>Lumberjack</b> Fruit Smoothie</p> <p>Peaches 100% Fruit Punch Juice</p>	<p><b>25</b> <b>Omelet &amp; Hash Brown</b> Fruit Smoothie</p> <p>Banana 100% Orange Juice</p>	<p><b>26</b> <b>Egg &amp; Cheese Biscuit</b> Fruit Smoothie</p> <p>Farm Fresh Grapes 100% Fruit Blend Juice</p>	<p><b>27</b> <b>Breakfast Pizza</b> Glazed Donut</p> <p>Chilled Fruit Cocktail 100% Apple Juice</p>	
<p><b>30</b> <b>Biscuits &amp; Gravy</b> Breakfast Cookie</p> <p>Chilled Sliced Pears 100% Apple Juice</p>	<p><b>31</b> <b>Egg &amp; Cheese Muffin</b> Fruit Smoothie</p> <p>Peaches 100% Fruit Punch Juice</p>	<p>Pick 2 Items Cheese Stick Yogurt Pop tart Toast Bagel Muffin</p>		<p>Ask about our Free Cookie at Lunch on Tuesdays.</p>	

### Special News...

Questions/ Comments: e-mail [Pence-Jeffrey@Aramark.com](mailto:Pence-Jeffrey@Aramark.com)

Nutrition/ Menu information available on: [Mattoon.Schooldish.com](http://Mattoon.Schooldish.com)

